



**Freddy Garmo, Esq.**  
**Mediator**

#### **OVERVIEW:**

Experienced attorney, mediator, real estate broker, and business leader and law firm managing partner with over 30 years of legal practice in civil litigation, business, real estate, negotiation, and conflict resolution. Trained mediator with a deep commitment to fair, efficient dispute resolution. Skilled in facilitating communication, identifying common ground, and guiding parties to mutually beneficial outcomes. Proven leader in both legal and community spaces, with a strong track record in mediation, real estate, and business transactions.

#### **RATES:**

- Half day - \$3,000 flat rate: includes 1 hour of preparation and 4 hours of mediation time; \$600 per hour thereafter
- Full day - \$6,000 flat rate: includes 2 hours of preparation and 8 hours of mediation time; \$600 per hour thereafter
- \$450 non-refundable administrative fee per party

#### **AREAS OF EXPERTISE:**

- Real Estate Transactions & Conflicts
- Business & Partnership Disputes
- Commercial Landlord/Tenant Disputes
- Negotiation Strategy
- Legal Education & Public Speaking

#### **LEGAL CAREER & PRIOR EXPERIENCE:**

- West Coast Resolution Group; Mediator; 2025 - Present
- Garmo & Garmo, LLP; Founder & Managing Partner; 1995 – Present
- Signature Real Estate & Loans; Founder & Managing Broker; 1996 – Present
- Effective Negotiations training/course – Chester Karrass

## **EDUCATION & PROFESSIONAL AFFILIATIONS:**

### **Education**

- University of Detroit Mercy School of Law, J.D. 1994
- University of Michigan, B.A. 1992

### **Professional Affiliations:**

- State Bar of California, Member
- San Diego County Bar Association, Member
- Chaldean Professional Network, Executive Director
- SHARP Grossmont Hospital Foundation, Board Member
- Chaldean American Association, Board Member
- California Department of Real Estate, Licensed Real Estate Broker
- East County Board of Realtors
- National Association of Realtors

## **TESTIMONIALS:**

“Mr. Garmo was extremely professional and well versed in the subject matter. He was a fair and impartial neutral who treated all parties with courtesy and respect. It was clear that he took the time to review the mediation briefs and asked the right questions. I would not hesitate to use him again nor would I hesitate to recommend his services to other counsel.”

“Freddy, you are the best! My clients always have good words to say about you and your firm. I always try to surround myself with good honest people. Thank you.”

“Dear Freddy. Thank you for all you’ve done. Words can’t express how happy and grateful I am, and all because of you. By helping me get through this, you encouraged me to live life again. Again, thank you.”

“Fred Garmo is a wealth of knowledge and a pleasure to work with.”

To schedule a mediation, please contact Smhale Leon at 619-238-2400 x259 or [sleon@westcoastresolution.com](mailto:sleon@westcoastresolution.com) or email Freddy at [fgarmo@westcoastresolution.com](mailto:fgarmo@westcoastresolution.com).