

# **TRAINING OPTIONS**

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# For School District Board Members, Administrators, Teachers, and Students



**"People will forget** what you said, people will forget what you did, but people will never forget how you made them feel."

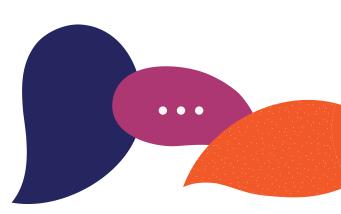
— Maya Angelou

**Polarized Communities. School Board Challenges. High Levels of Suspensions** and Expulsions.

There are so many issues that create conflict in school districts—issues that school leaders, teachers and community members grapple with daily.

> Building on the National Conflict Resolution Center's (NCRC) success in managing conflict and teaching communication skills, NCRC has developed a set of tools to help school districts address the cultures of disrespect and the demeaning, disruptive behaviors that create issues in K-12 education. With over 40 years of experience, NCRC can help school districts transform conflict into a positive, productive learning environment.

NCRC can create a customized training plan for your school district based on the following menu of services.





## THE ART OF INCLUSIVE COMMUNICATION

Explore your own personal and cultural identities, and learn how these relate to communication styles. Different styles can be the root of communication breakdown; by understanding styles, you can recognize when communication breakdown is happening.

#### **Participants will learn to:**

- confidently handle disagreements;
- integrate a lens of inclusivity; and
- work effectively with different identities.



What is a bystander's role when inappropriate behavior occurs? Empower yourself to have challenging conversations in ways that demonstrate respect, inclusiveness and dignity for everyone involved.

Participants will learn to:

- identify the reasons for bystander inaction;
- of action; and
- behavior.

### THE BYSTANDER CHALLENGE

• evaluate situations and decide the best course

• speak up effectively when you encounter red-flag

All workshops are tailored to meet the needs of the target audience (e.g., board members, administrators, teachers, and students).





## THE ART AND SCIENCE OF HIGH PERFORMANCE TEAMS

This interactive workshop brings to life powerful new research on team dynamics, with a focus on building good relationships, enhancing trust, and becoming an upstander.

#### Participants will learn to:

- recognize the impact of verbal and non-verbal communication,
- transform from bystander to upstander, and
- work effectively with individuals with different identities.

This training and coaching initiative will develop capacity at school sites throughout a district to build restorative systems and address harm when it occurs.

**Participants will learn to:** 

- proactively build restorative classrooms (Tier 1),
- needed (Tier 2), and
- implement a restorative approach to suspensions and expulsions (Tier 3).



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• provide restorative support for a student when



### CULTURE, COMMUNICATION, AND CONFLICT:

A CERTIFICATE PROGRAM FOR LEADERS NAVIGATING TODAY'S WORKPLACE

As society's landscape changes, workplace leaders are expected to navigate issues that were previously unheard of in a professional environment. This is especially true on school campuses. The Culture, Communication, and Conflict Resolution Certificate Program is designed to help those in leadership navigate through some of today's most challenging issues - both internally on their school sites as well as externally with the public.

The four-part certificate program will provide Principals, Assistant Principals, and other leadership with a roadmap to create a positive, inclusive workplace culture that will lead to more satisfied teams and fulfilling classrooms. Each session is highly interactive, enabling participants to share best practices with their colleagues.

two-hour workshops, and view burst learning videos in between sessions.

The Exchange

Develop expertise to lead a collaborative conflict resolution process.

#### The Bystander Challenge

# To achieve the Certificate, participants go through four

# etificate Curricula

effectively handle challenging one-on-one conversations.

#### The Art of Inclusive Communication

Explore strategies and techniques to embrace and promote inclusivity.

Learn what to do when microaggressions occur and empower team members to become thoughtful upstanders.

# **NCRC's School Districts Clients:**



# **NCRC's Trainings Have Been Featured On:**







## The Washington Post



## **FAST@MPANY**



**BUSINESS** INSIDER



# and many more.

# Enroll in a Training Program today!

To bring this training to your school, contact Allison Patterson at apatterson@ncrconline.com or 619-394-7301.



www.NCRConline.com

## **Finding Solutions Since 1983.**

We empower individuals, organizations and communities with the skills and resources needed to address conflict, intolerance and incivility in our society.