

Dialogue in Divisive Times



How do we have difficult, yet respectful (and even productive!), conversations with people who hold different views than ours, especially when discussing topics of great importance?

The National Conflict Resolution Center (NCRC) has developed the "Dialogue in Divisive Times" training to help participants navigate differences constructively, preparing them to manage situations of conflict with confidence, both now and in the future. Discover the "ART" of communication – a strategy developed by NCRC to enhance respectful dialogue that fosters mutual understanding and empathy, even amidst conflict.

The training will teach participants to:

- Set up their conversation for success, by considering certain factors that influence our perceptions.
- Identify the needs and values at play.
- Consider their role in both driving conflict and finding common ground.
- Identify biases and how they affect our ability to communicate openly and constructively.
- Explore America's divisions today, both real and imagined.
- Actively listen to build connection and deepen mutual understanding.
- Tell their perspective in a non-confrontational way as part of collaborative problem-solving.

Interested in holding a training?
For more information, please contact:
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